



Tallowood School Newsletter

14 August 2020



Creating Pathways for Life - We Learn - We Care - We are Safe

MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers,

EDUCATION WEEK

Last we celebrated *Learning Together* as part of Education Week 2020. Each class chose a great learning activity to showcase as part of our Education Week presentation and this presentation is available for you to view on the homepage of our school website. If you haven't already checked it out I would encourage you to visit the website and have a look. Each family also received an individual photo of their child engaged in a fun learning activity at school and I hope that you took the opportunity to celebrate your child's learning with them and display the picture in a prominent place in your home.

SCHOOL PHOTOS

The School Photographer is booked to come to our school on Tuesday 1 September. This year only individual photos will be taken. Envelopes to order your school photos will be coming home next week. Please return your envelopes as soon as possible but no later than the 1 September.



TELL THEM FROM ME

This year our school will again be participating in the Tell Them From Me (TTFM) parent survey. The survey provides you with the opportunity to give feedback about our school in areas such as how welcome and informed you are, safety, support and inclusion. The feedback that we gain from you helps us to review and evaluate our school systems to target areas where we are doing well and areas for improvement. The TTFM survey won't take you long to complete and we would really appreciate your feedback. I will be sending out more information in the next couple of weeks about how to access the survey.



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DATES FOR YOUR DIARY

1 September	School Photos
4 September	Footy Colours Day
11 September	School Photos - Catch-up Day
25 September	Last day of term 3

COVID REMINDER

If your child has any cold or flu like symptoms – runny nose, coughing, temperature or sore throat, please don't send them to school. It is important that you keep your child at home until all symptoms are gone or until you have medical clearance for them to return to school. By continuing to work together we can create a safe learning environment for everyone.



Kind regards,
Greg Wood
Principal

NEW DISABILITY SUPPORT PENSION WEBSITE

Is your child turning 16 soon and transitioning to the new Disability Support Pension? Please see the link below to a new website that may be of help.



<http://dsphelp.org.au/>



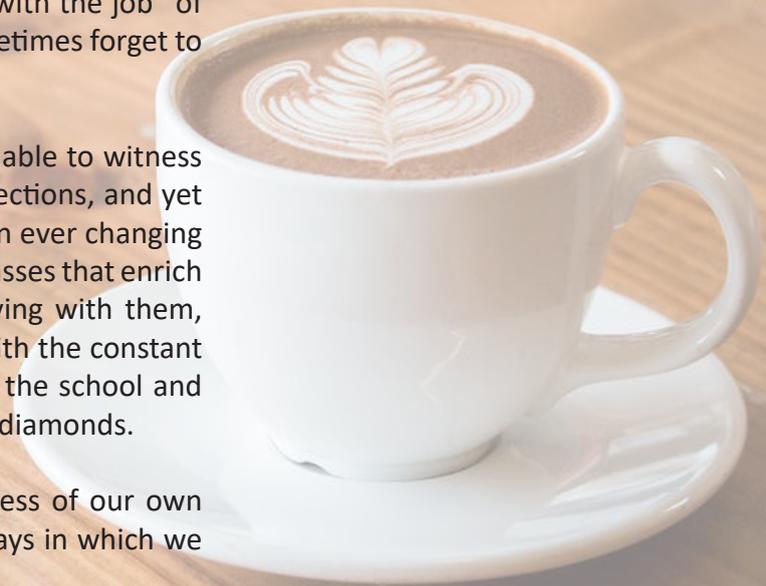
CHAPLAIN CHATS ...

Teachers Wellbeing Week - showing our gratitude

Teachers Wellbeing Week runs from the 24-28 August this year. If I hadn't mentioned it here at school, almost no-one would have known. You see, from what I've seen, the teachers, support staff and administrative team here at Tallowood are pretty selfless and tend to "get on with the job" of engaging and teaching our kids. To the point that they sometimes forget to exercise essential self-care.

During the initial weeks of the current COVID crisis, I was able to witness these people being stretched and pulled in competing directions, and yet they remained calm, focussed and adapted so quickly to an ever changing environment. They put so much effort into programming classes that enrich the lives of our children; physically caring for them, playing with them, encouraging them, guiding them and loving them. Even with the constant changes, and their own concerns, they continue to serve the school and community. Life would be so much tougher without these diamonds.

There are also other people who contribute to the richness of our own lives, and whilst contemplating this, I began to think of ways in which we can express gratitude to these people.



So how can we show our appreciation and boost their sense of wellbeing? (keeping in mind that our teachers are restricted in accepting gifts and gratuities.)

- Make time to talk with them and hear what they are saying.
- Send a card, note or email with some words of encouragement.
- Make a phone call and tell the school how much you appreciate them.
- Speak highly of them to others.

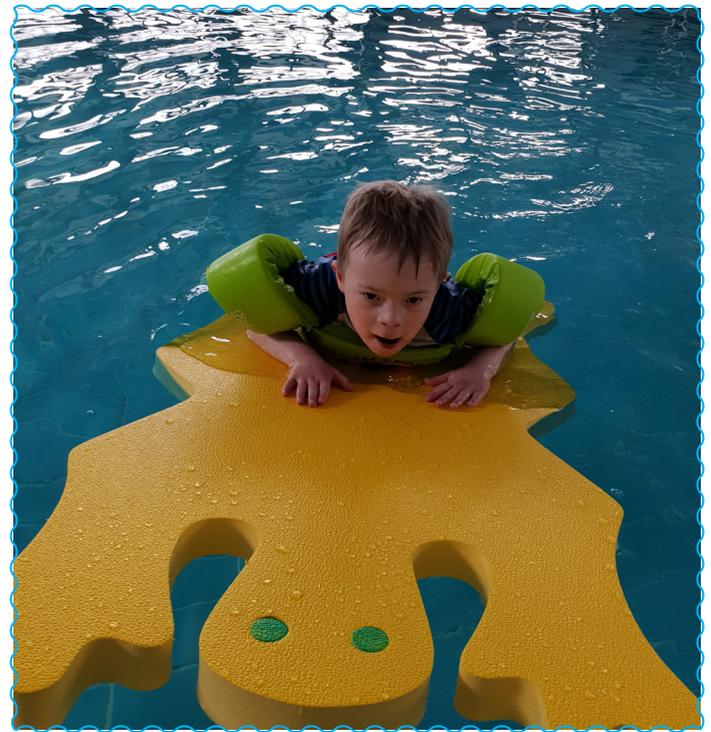
For others in our lives:

- All of the above.
- Food - Find out what their favourite treat is and buy or make it for them.
- Give a small thoughtful gift like flowers or plants.
- Do a "Thank you" post and tag them on social media.
- Invite them to something special.
- Share in their joys and burdens.
- Tell them how much you enjoy being around them.
- Do something for them that you know they hate doing.



The list of ways in which you can show someone how much you appreciate them is never-ending. And the most important part of this is not so much how you do it, but that you do.

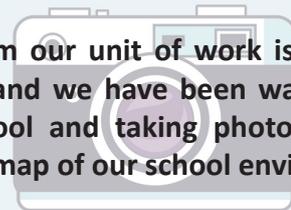
Juanita McMillan
Chaplain



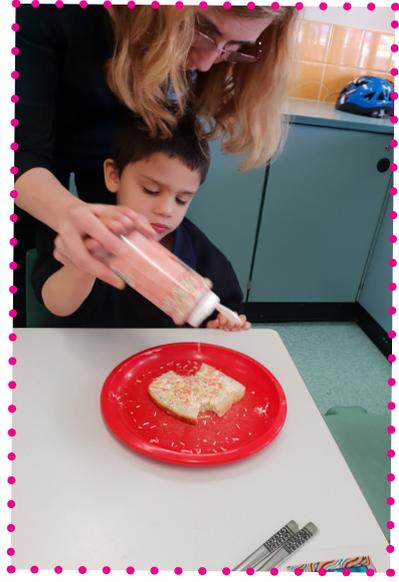
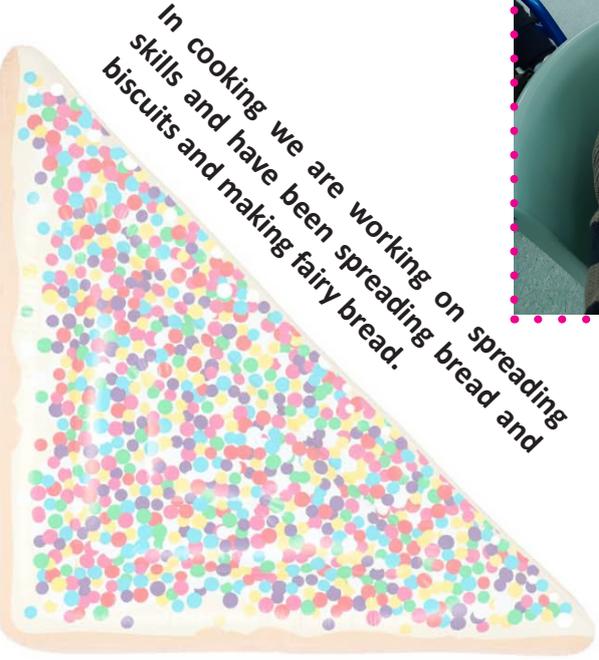
This term class 2 has been very busy with working on lots of new programs. We have started our hydrotherapy sessions back in the pool and the students are loving learning how to kick and float and be safe in the water.



This term our unit of work is 'People and Places' and we have been walking around the school and taking photos so we can make a map of our school environment.

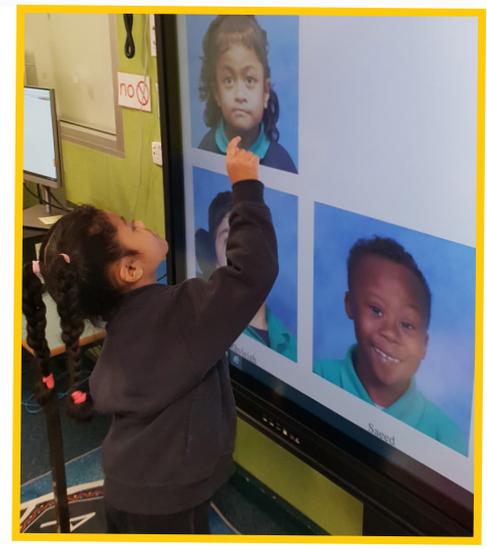


Class 2 continued ...



The students have also enjoyed our new roll marking system and love choosing their own photo which disappears when we mark the roll.

GREAT WORK CLASS 2!



CLASS 4

It has been wonderful to be able to resume swimming and hydrotherapy sessions. Everyone is gaining in confidence and safety in the water. A favourite activity is water raining from the buckets, but we also practise walking, kicking and paddling.



This semester sees us working on a unit about Road Safety. We are learning not only about traffic lights, but also about stop and go. We have sung and danced to some traffic light songs and made some traffic lights. We have also practised stop and go using songs and music and using switches.

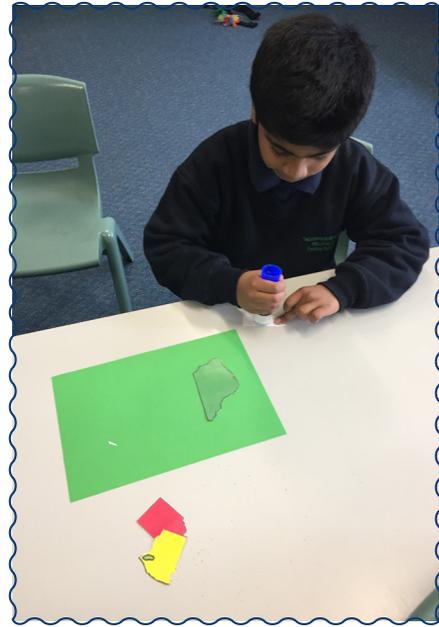
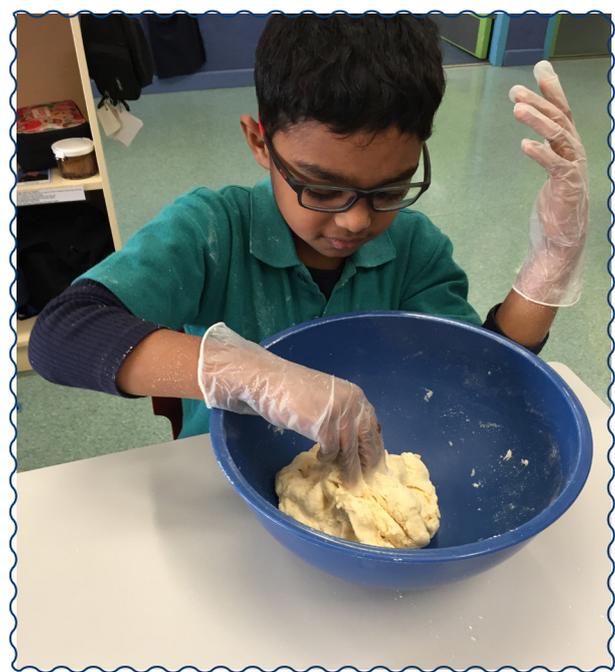


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Class 6 have had a great start to term 3. They have commenced their history unit on The Australian Colonies and have listened to stories about Captain James Cook, created Tall Ships and investigated how Australia's States and Territories were formed. Class 6 have watched video's on why convict children were transported to Australia, what they wore, ate and the jobs they had to do. They have even had a go at making their own damper. Class 6 are looking forward to continuing on their history journey and exploring the gold rush and participating in exciting activities such as making gold nuggets and digging for them on the goldfields of Tallowood. Their final lessons will be studying the importance of the Eureka Stockade and it's effect on the birth of democracy in Australia.



CLASS 15

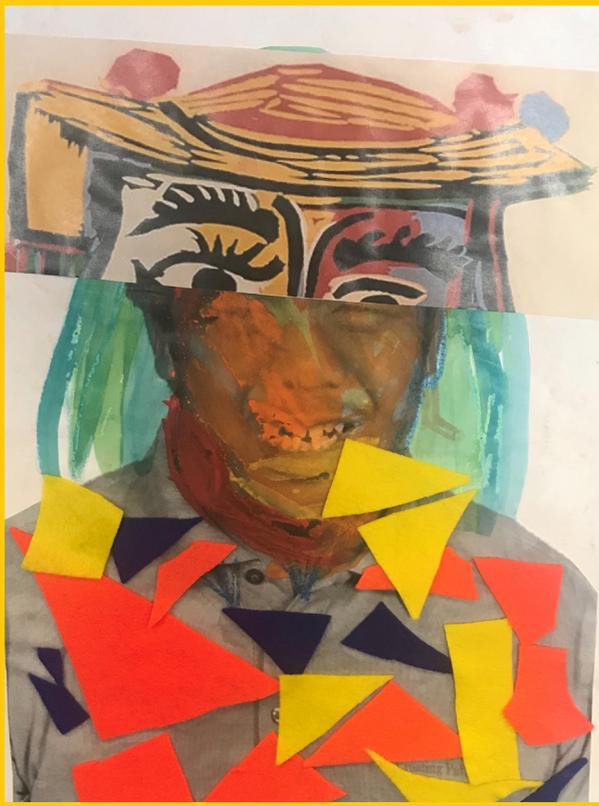
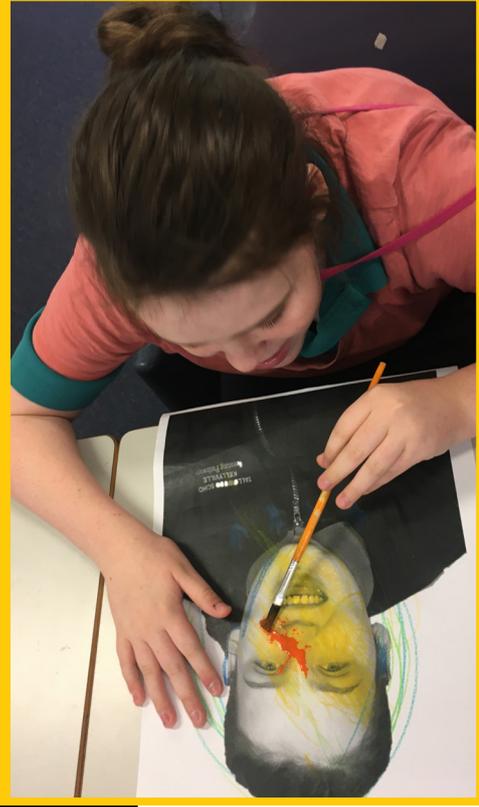
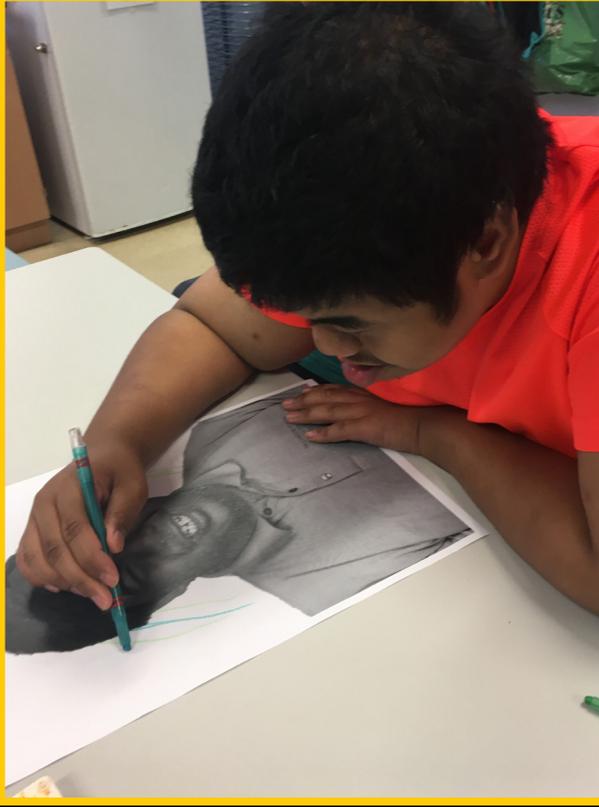
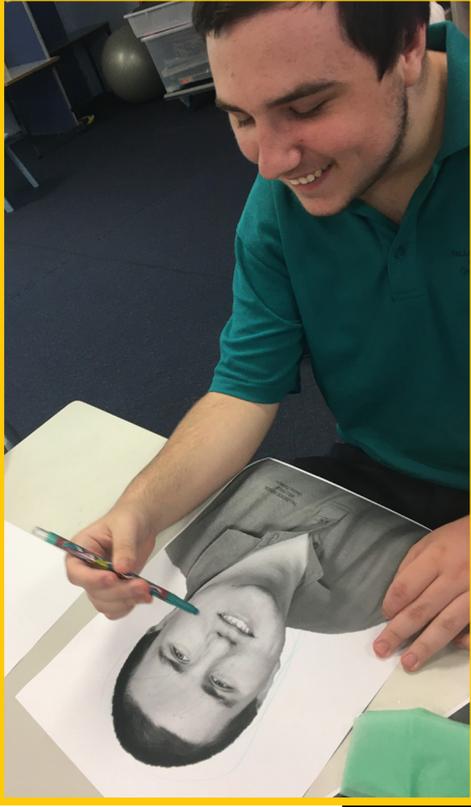


Class 15 has been studying aspects of road safety. We have been learning what the colours red, yellow and green mean.

We also have been looking and learning about the symbols which represent road safety. We have been fortunate enough this term to go to the park so students have been refining gross motor skills there. It has been fun to learn about different art and make artworks which represent their various artists. Class 15 looks forward to continuing more learning activities to develop their skills.



CLASS 15 Cont...





The Community
Participation Hub



Community
Participation

Friday 4th September

Open Day

McCall Gardens is inviting you, your family, teachers and friends to our Open day held at our newly redecorated Community Participation Hub! Come along and meet our teams, get some info about us what we do and how we can support you to reach your NDIS goals.

10am-2pm

Don't miss out!!

RSVP: monica.kaehne@mccallgardens.org.au

Contact

-  10-32 Terry Road Box Hill 2765
-  admin@mccallgardens.org.au (email)
-  (02) 9679 1031 (talk)
0438 213 328 (talk and text)
-  www.mccallgardens.org.au



Monday

Tuesday

Wednesday

Thursday

Friday

Morning

Brain buster meeting
Lets discuss what the week ahead looks like & plan



Lifeskills



Foundation Skills



Lifeskills



Move & groove



Funky Fridays:
Music Therapy

Midday



Move & groove Monday



Tech Skills



Cooking:
TACO TUESDAYS



Art



Lifeskills



Foundation Skills



Cooking:
BBQ day

Afternoon



Lifeskills



Green Thumbs:
Gardening



Sport Sesh



Beauty Room



Curious Minds
Science Club



Sensory experience



Show stoppers:
Drama Club

- This weeks life skills: Money handling
- This weeks tech skill: Cyber Safety
- This weeks Foundation skill: Comprehension

Explained:

Monday Mornings are to discuss the weekend and whats happening for the week. Its a chance for anyone to mention any upcoming events they might like to attend.

Move and Groove: A way to get the body moving and exercise. Whether its aerobics, dance, yoga, Zumba.

Tech Skills: Here we will learn computer and phone skills with an added focus on cyber safety.

Lifeskills: Lifeskills focuses on learning new day to day tasks like budgeting, hygiene, safety, organisational skills. Each month we focus on a new task.

Foundation Skills: focuses on skill development on things like literacy and numeracy.

Music Therapy: Pick up an instrument, sing or dance.

Sensory Experience: A different experience each week to respond to different sensory needs.

Art: Get create and express yourself through art. With a range of different art forms

Beauty Room: A bit of time for self care and looking glam. Here we can learn some new beauty bits and tricks from painting nails to putting on makeup and skin care.

Showstoppers drama club: Lights, camera, action! The drama club learns about theater and acting while they prepare to put on a show!

Curious Minds Science Club: Wondering what makes the world go round? Come and find out with our curious minds science club while we conduct small experiments.

Green thumbs: Get out into the fresh air and make use of our abundant space with our green thumbs gardening. Create a mini farm so you can take your produce home once its ready!

Sports time: Get some fresh air and get active while we play sport.

Fortnightly Community Access Schedule

Week 1

6th Jan	Swimming - Stanhope Gardens	\$5
7th Jan	Mexican Day Party- Taco Tuesday	Nil
8th Jan	Photography Class - Park	Nil
9th Jan	Pioneer Village - Wilberforce	\$5
10th Jan	TimeZone & Milkshake	\$15

Week 2

13th Jan	Bowling - Windsor	\$7
14th Jan	Featherdale Wildlife Park	\$32
15th Jan	Talent Show	Nil
16th Jan	Outdoor activitys (water related)	bring change clothes
17th Jan	Train trip - Harbour Visit	Opal Card

Week 3

20th Jan	Swimming Stanhope Gardens	\$7
21st Jan	Movie Day	\$12
22nd Jan	Photography Class - Park	Nil
23rd Jan	Treasure Hunt	\$3
24th Jan	Plane Watching and exercise(RAAF)	Nil

Week 4

25th Jan	PUBLIC HOLIDAY	
26th Jan	Australia Day Party	Nil
27th Jan	Livvis Place trip	Nil
28th Jan	Cumberland State Forest- Photography	Nil
29th Jan	Magic Show	\$25



learn • land the gig • live life

What is School Leavers Employment Supports(SLES)?

Leaving school and getting prepared for the world can be a very confusing time. If your end goal is to enter the workforce but aren't ready yet. SLES at McCall Gardens will support you to learn the skills to get you comfortable with the next part of your life.

What does SLES look like at McCall?

- You receive flexible supports
- We support you to learn the skills to get you job ready
- With a strong focus on hospitality we provide the support and training to help you get a job as a kitchen hand or café worker.
- We will link you with a registered training organisation

As added value we provide 5 days of support for the price of 3.

That's 3 days SLES charged to your NDIS plan.

Two days on us of a skill building day program and hang out time.

Contact us to find out more

 www.mccallgardens.org.au

 02 9679 1032 (talk) 0438 213 328 (text)

 admin@mccallgardens.org.au



**mccall
gardens**
Empowering people with a disability



The Community Participation Hub



22nd September
10am to 2pm

Arts Crafts & Games

In centre activity for kids of all ages with arts and craft and loads of fun games!

Cost: \$5.

Don't forget your packed lunch!

24th September
10am to 2pm

Treasure Hunt

Join us on an adventure as we embark on a hunt for long lost treasure.

Don't forget your packed lunch.

29th September
10am to 2pm

Baking Day

Get our masterchef on and let's make and decorate some delicious treats!

Cost \$5

Don't forget your packed lunch

1st October
10am to 2pm

Outdoor Activity Olympics

Get moving with us for a day marathon of outdoor activities.

Don't forget your packed lunch.

Contact

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hang out • have fun • live life

What is Community Participation?

Community Participation is a way for you to get out and about and connect with the community in a way that suits you. Its all about flexible choices so you get the support you want and need.

What does Community Participation look like at McCall?

- Flexible supports. 1:1 or group based supports. In home, the community or in our Day Program building
- 1:1 supports, Day Program or Social Groups
- A program tailored to your interests and support needs with a mixture of leisure and recreation, lifeskills and lifestyle
- Extensive centre based supports in our day program building on acreage. A rural feel while still close to suburbia



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